

TYLERTOWN HIGH SCHOOL



OTHER

DAILY SELECTIONS:

MEAL PRICING:Lunch Full Price\$2.75Reduced Lunch Price\$.40Milk Only\$.75

January-May 2025

LUNCH MENU

week 1	MONDAY Walking Tacos Fruit & Yogurt Plate Fiesta Rice Mixed Vegetables Refried Beans	TUESDAY Hamburger Cheeseburger w/ Trimmings Potato Wedges Whole Kernel Corn	WEDNESDAY Pulled Pork on Bun Baked Beans Potato Salad Seasoned Broccoli	THURSDAY Lasagna Cheesy Breadsticks Turkey & Cheese Wrap Garden Salad w/Dressing Mexican Corn	FRIDAY Chicken Nuggets Yeast Roll Mac & Cheese Green Beans Peas & Carrots	Chef Salad Chicken Salad Tuna Salad SNACKS
2	Cheese Pizza Pepperoni Pizza Crinkle Cut Fries Broccoli	Chicken Alfredo Corn Dog Garlic Toast Steamed Broccoli Glazed Carrots	Country Fried Steak w/ Gravy Yeast Roll Mashed Potatoes Green Peas Black-Eyed Peas Whole Wheat Roll	Mandarin Chicken Chicken Egg Rolls Stir Fried Rice Mixed Vegetables Fresh Garden Salad	Fish Sandwich Potato Wedges Cole Slaw Baked Beans	We offer a variety of a la carte snack items in our cafeterias.
3	Hamburger Steak w/ Gravy Mashed Potatoes Green Beans Wheat Roll	Stromboli Supreme Fruit & Yogurt Plate Fresh Garden Salad Italian Seasoned Carrots	Cheesy Chicken over Rice Seasoned Broccoli Honey Glazed Carrots Yeast Roll	Beef Soft Taco Taco Salad w/ Chips Mexicali Corn Herbed Broccoli & Cauliflower	Cheese Pizza Pepperoni Pizza Crinkle Cut Fries Broccoli	Beverages 100% Juice \$1.00 120z Water \$1.00
4	Chicken & Sausage Jambalaya Whole Kernel Corn Green Beans Wheat Roll	Beef & Broccoli Stir Fry Brown Rice Crinkle Carrots	Barbecue Chicken Southern Mustard Greens Yam Patties Cornbread	Fish Sticks Popcorn Chicken Green Beans Mashed Potatoes Wheat Roll	Hamburger Cheeseburger w/ Trimmings Potato Wedges Whole Kernel Corn	Low Fat/ Fat Free Milk Fruit Juice ** Offered Daily**

NUTRITION BITES:

Menus are subject to change due to the availability of food.

- Make fruit more appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit.
- Many children in the US fall short of meeting calcium, iron, vitamins D, potassium, fiber and whole grain recommendations.¹
- The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.²

January 2025								
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Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan



This Institution is an equal opportunity provider